

## Provider List - Food Pantries - Cumberland County

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### Bridgton - Food Pantry

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**Contact:**

**Last Updated:** 07/25/2022 4:08:29PM

**Last Reviewed:** 06/28/2022

**Phones:** (207) 647-3704 [Business],  
(207) 318-4467 [Cellular/Mobile]\*

**Address:** [Business]\*  
214 Main Street  
United Methodist Church  
Bridgton, ME 04009 (Cumberland county)

**Web Site:** [www.bridgtonfoodpantry.org/](http://www.bridgtonfoodpantry.org/)

#### Eligibility:

**Notes:** The combined efforts of the Bridgton Food Pantry and St. Joseph's Church and their volunteers provide additional food and other essentials to area low-income residents.

The Bridgton Food Pantry provides food and other staples for people in need. Patrons must be receiving some form of government assistance such as Food Stamps, Medicaid, TANF, SSI, or monthly income is less than 150% of the FPL OR special circumstances require that you seek temporary assistance. If you are not sure if you meet the requirements, please call. There is a schedule for getting food staples and paper goods etc once a month and fresh food on a weekly basis. Hours: Tuesdays 11am-6pm.

Service area: Bridgton and Naples. Phone number on Tuesdays is 318-4467 (Please try this number first)

### Casco Alliance Church - Food Pantry

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**Contact:**

**Last Updated:** 06/28/2022 3:29:56PM

**Last Reviewed:** 06/28/2022

**Phones:** (207) 344-5370 [Business]\*

**Address:** [Business]\*  
450 Roosevelt Trail  
Casco, ME 04015 (Cumberland county)

**Web Site:** <http://cascoalliancechurch.com/ministries.html>

#### Eligibility:

**Notes:** Our community food pantry starts at 6:00 p.m. the third Monday and first Tuesday of each month. We provide about a week's worth of groceries for local residents who are in need. There is no need to call ahead if you want a box; you can just show up, and we'll take care of you.

We also provide special Thanksgiving and Christmas food baskets. Call the church to reserve yours and to find out the pick up days/times: 207-344-5370.

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### Casco Village Church Food Pantry

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**Contact:**

**Phones:** (207) 627-4282 [Business]\*

**Last Updated:** 07/25/2022 4:11:06PM

**Last Reviewed:** 06/28/2022

**Address:** [Business]\*  
941 Meadow Road  
Route 121  
Casco, ME 04015 (Cumberland county)

**Web Site:** [www.cascovillageucc.org/](http://www.cascovillageucc.org/)

#### Eligibility:

**Notes:** The food pantry serves residents of Casco - is open the 4th Thursday of the month from 3-5:30 pm. There is a for to be filled out the 1st visit.

The Church community also provides Thanksgiving & Christmas baskets for individuals and families in need. Please call for more information about Holiday baskets.

They also sponsor a Clothes Closet every Saturday from 9am - 12 and by appointment.

Please don't hesitate to call - office hours are Monday through Friday from 9am - 1 pm

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### Catherine's Cupboard

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**Contact:**

**Phones:** (207) 893-7794 [Business]\*

**Last Updated:** 09/26/2022 2:21:12PM

**Last Reviewed:** 09/26/2022

**Address:** [Business]\*  
289 White's Bridge Rd  
Standish, ME 04084 (Cumberland county)

**Web Site:** [www.sjcme.edu/ministry/catherines-cupboard](http://www.sjcme.edu/ministry/catherines-cupboard)

#### Eligibility:

**Notes:** Thanksgiving Box Program

Each Box will include:

- 1 whole turkey
- stuffing mix
- cranberry sauce
- mixed veggies (canned)
- gravy
- dessert

How to sign up:\* CALL: 207-893-7793, eave a voicemail with your name, phone number, and address OR EMAIL: cc@sjcme.edu

Make sure to include your name, phone number, and address

Where and When to Pick up your Box:  
Saturday, November 20th from 10am - 12pm  
Saint Joseph's College Stone Barn  
289 White's Bridge Rd.  
Standish

\*SIGN UP DEADLINE: NOV 1, 2022

## Provider List - Food Pantries - Cumberland County

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### Chebeague Island Food Pantry

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**Contact:**

**Phones:** (207) 846-6987 [Business]\*

**Last Updated:** 09/22/2022 11:29:53AM

**Last Reviewed:** 09/22/2022

**Address:** [Business]\*  
258 North Road  
Chebeague United Methodist Church  
Chebeague Island, ME 04017 (Cumberland county)

**Web Site:** [www.chebeaguechurch.org/food-pantry](http://www.chebeaguechurch.org/food-pantry)

#### Eligibility:

**Notes:** The Food Pantry is located in our Parish House and is there to ensure that no one on the island goes hungry. They have no income tests or background checks. If you need food we are happy to provide. The food pantry is also there to assist with all kinds of needs, whether you are looking to make a meal for someone coming home from the hospital or to provide a little extra support when grocery shopping is difficult. If you need to call you can call Denise 207-838-6107 or Jessie 802-279-5410 or Polly Wentworth 207-233-8382. You can also email the pantry at [chebundance@gmail.com](mailto:chebundance@gmail.com).

Service area: Chebeague Island

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### Crosswalk - Community Outreach

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**Contact:**

**Last Updated:** 10/26/2023 1:11:01PM

**Last Reviewed:** 10/26/2023

**Phones:** (207) 615-3226 [Business],  
(207) 595-4156 [Business]\*

**Address:** [Business]  
Naples Town Hall  
15 Village Green  
Naples, ME ( county),  
[Mailing]\*  
PO Box 64  
Naples, ME 04055 (Cumberland county)

**Web Site:** <http://www.crosswalkcommunityoutreach.com/>

**Eligibility:**

**Notes:** OUR OUTREACH PROGRAMS

Kyrie's Kitchen

We serve hot nutritious meals to 300+ people a month.

The Food Basket

The Food Basket provides free food to needy families here in the Lake Region.

These two programs run simultaneously every other Monday

in the Naples Town Hall from 11:00 AM to 1:00 PM

Crosswalk Community Outreach (CWCO) is a non-profit organization that serves the Lake Region Community. They provide free meals and free food boxes every other Monday at the Naples town hall gym from 11 am to 1 pm. Other programs they offer: Winter Wear School Assistance; Free Health and Nutrition Class; Free Blood Pressure Screenings; SNAP application help; Resource Referrals; Assisting in Local Disaster; Free Flu Clinics; Gardening & Composting Classes; Free Public Thanksgiving Meal; Christmas Cheer for Troops; CFSP over 60 Supplemental Food; Free LR Explorer Bus Passes. They may be able to help with emergency fuel and food when ALL other resources have been tapped. Holiday food basket assistance available for their clients who are veterans - by application. Call for more information.

### Cumberland Community Food Pantry

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**Contact:**

**Last Updated:** 09/06/2022 9:22:58AM

**Last Reviewed:** 09/06/2022

**Phones:** (207) 232-5258 [Business]\*

**Address:** [Business]\*  
290 Tuttle Road  
Cumberland, ME 04021 (Cumberland county)

**Web Site:** <http://www.cumberlandmaine.com/community-food-pantry>

**Eligibility:**

**Notes:** The Community Food Pantry originated at the United Church of Christ (UCC) Congregational Church in Cumberland and has been relocated to a newly renovated facility located on the ground floor level at the back of the Cumberland Town Hall.

The Community Food Pantry services Cumberland, North Yarmouth, Pownal, and New Gloucester residents and is located behind Cumberland Town Hall. The Food Pantry is open to customers every other Friday from 3-6 pm.

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### Falmouth Food Pantry

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**Contact:**

**Last Updated:** 06/28/2022 3:45:53PM

**Last Reviewed:** 06/28/2022

**Phones:** (207) 632-2687 [Business]\*,  
(207) 781-2996 [Business]

**Address:** [Business]\*  
271 Falmouth Road  
Falmouth, ME 04105 (Cumberland county)

**Web Site:** [www.falmouthme.org](http://www.falmouthme.org)

**Eligibility:**

**Notes:** The Falmouth Food Pantry is located beside the Town Hall. It serves citizens in Falmouth and surrounding communities (Cumberland, Yarmouth, Portland, and Westbrook).

Volunteer managers work with other volunteers to serve clients at the Pantry, bring meals to some clients, meet large food deliveries, and stock the shelves.

The Food Pantry regular hours every month are: 1st and 3rd Monday from 9:00-11:00AM 2nd, 3rd, and 4th Tuesday from 9:30-11:30AM 2nd, 3rd, and 4th Thursday from 4:30-6:30PM

If you need Emergency Assistance or to make Donations, please call (207) 632-2687.

### First Baptist Church of Portland Food Pantry

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**Contact:**

**Last Updated:** 07/13/2022 11:29:00AM

**Last Reviewed:** 07/13/2022

**Phones:** (207) 773-3123 [Business]\*,  
(207) 773-4130 [Business]

**Address:** [Business]\*  
360 Canco Road  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.firstbaptistportland.org/food-pantry](http://www.firstbaptistportland.org/food-pantry)

**Eligibility:**

**Notes:** The First Baptist Church of Portland Food Pantry welcomes residents of Portland who meet state income guideline or who are hungry and in need of assistance.

Walk-in Mini Brunch & Food Pantry is open Wednesdays from 10am - 12pm to Portland residents. On first visit, please bring ID or other proof of residence. FMI... Contact the church office (207) 773-3123 or [admin@firstbaptistportland.org](mailto:admin@firstbaptistportland.org).

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### Freeport Community Services

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**Contact:**

**Phones:** (207) 865-3985 x 205\_\_ [Business]\*

**Last Updated:** 07/07/2023 9:18:28AM

**Last Reviewed:** 04/07/2023

**Address:** [Business]\*  
53 Depot Road  
Freeport, ME 04032 (Cumberland county)

**Web Site:** [www.fcsmaine.org](http://www.fcsmaine.org)

#### Eligibility:

**Notes:** FCS provides essential and emergency relief services to community members in need, in total confidence, without question – food, fuel, transportation, referrals, free medical equipment. We do everything we can to answer a call for help. FCS also provides enrichment programs to help children and adults thrive and reach their full potential in our community.

Age-Friendly Freeport & Pownal is a volunteer-driven, formal network of community collaborators, individual residents and groups as well as community organizations interested in making sure our community works for all residents (all ages, disabled, etc.) now and long term. Contact: Age Friendly Freeport & Pownal Coordinator, (207) 865-3985 x222

The FCS Transportation Program provides rides to medical and counseling appointments for Freeport and Pownal residents. Rides are available to those who are temporarily or permanently unable to drive, have no vehicle, and have no other means of transportation. The service is free of charge to all riders. This service is made possible through the generosity of our volunteer drivers. Volunteers donate their time, vehicle and fuel to provide this service. The transportation program would not exist without them! Volunteer drivers are available Monday through Friday from 8am – 5pm. 3 business days notice is required for all ride requests. All new riders must complete a Rider Application.

FCS also makes funds available to meet specific needs, such as eye glasses and medications, even diabetic testing supplies. Donations to these funds are always welcome. Donations of medical supplies are accepted. Please call 865-3985 x205. The free medical equipment loan contains crutches, wheelchairs, walkers, shower benches, raised toilet seats, braces, etc.

The Holiday Help-line offers several programs to help Freeport and Pownal residents who would like assistance at Thanksgiving and/or Christmas time. The staff stress that there are no eligibility requirements other than residence and they encourage people to call. They offer Thanksgiving baskets that include a turkey and other foodstuffs. Thanksgiving Dinner is served at Freeport Community Services from 11:30-2 on Thanksgiving Day. For Christmas, the "Adopt-a-Family program matches families in need with individuals and organizations that would like to buy gifts for residents of the community. Thanksgiving & Christmas foodbaskets and gifts; application available October 1 - December 1. For more information please contact FCS Director of Programs, 865-3985 x205.

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### Gorham Ecumenical Food Pantry

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**Contact:**

**Phones:** (207) 222-4351 [Business]\*

**Last Updated:** 07/17/2023 11:49:28AM

**Last Reviewed:** 06/28/2022

**Address:** [Business]\*  
299-B Main Street  
St. Anne's Church  
Gorham, ME 04038 (Cumberland county)

**Web Site:** <http://gorhamfoodpantry.org/>

#### Eligibility:

**Notes:** St. Anne's hosts the Gorham Ecumenical Food Pantry where food and non-food stamp items such as toilet paper and detergent are accessible to Gorham residents one time a month. The pantry is designed to offer a source of emergency food supplies to any person in need in the town of Gorham.

Pantry open Thursdays from 10am - noon

Serves Gorham residents (or from a nearby town that doesn't have a food pantry) with social security # and proof of address who are in need of emergency food assistance.

Please come by; there is a short application form to fill out the first visit; no one is turned away

### Gray Community Food Pantry

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**Contact:**

**Phones:** (207) 657-4279 [Business]\*

**Last Updated:** 10/26/2023 1:17:16PM

**Last Reviewed:** 10/26/2023

**Address:** [Business]\*  
5 Brown St  
Gray, ME 04039 (Cumberland county)

**Web Site:** [www.grayfirst.org](http://www.grayfirst.org)

#### Eligibility:

**Notes:** Gray Food Pantry is located in the basement of the parish house at 5 Brown Street, directly behind McDonald's Restaurant. Please park in the parking lot and use the door to the rear of the building behind the ramp.

Open 1st and 3rd Fridays of the month from 12:00-2:00pm.

Open to anyone in need from Gray or surrounding towns. There is a delivery service to homebound families (only Gray) and monetary or food donations are accepted. For information call 657-4279 and leave a message in mailbox #3 or [donna.graypantry@gmail.com](mailto:donna.graypantry@gmail.com)

Caring Community is an organization run by volunteers that offers Thanksgiving and Christmas assistance to those residents of Gray and New Gloucester that are in need. Application forms are available through the school system the Gray Public Library and the town offices of Gray and New Gloucester starting early November.



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### Harrison Food Bank

**Contact:**

**Phones:** (207) 647-3384 [Business]\*

**Last Updated:** 08/31/2023 8:21:31AM

**Last Reviewed:** 06/28/2022

**Address:** [Business]\*  
176 Waterford Rd  
Harrison, ME 04040 (Cumberland county)

**Web Site:** <http://www.harrisonfoodbank.com/>

#### Eligibility:

**Notes:** The Harrison Food Bank offers food assistance at no cost to any Harrison, Waterford and surrounding town residents in need. We operate as a non-profit, charitable organization that believes access to nutritious food is a basic human right. We are committed to responding to the needs of our community for food distribution to see that no person goes hungry. We value respect, compassion and the diversity of each person. We strive to provide general support and healthy food choice education whenever possible.

Open every Tuesday – Noon to 6:00p

Located at the Ronald G. St. John VFW Post 9328, 176 Waterford Road, Harrison, Maine

Mailing address: PO Box 112, Harrison, ME 04040

### Judy's Produce Pantry

**Contact:**

**Phones:**

**Last Updated:** 07/25/2022 4:13:21PM

**Last Reviewed:** 07/08/2022

**Address:** [Business]\*  
Cape Elizabeth United Methodist Church  
280 Ocean House Road  
Cape Elizabeth, ME 04107 (Cumberland county)

**Web Site:** [www.ceumc.org/judys-produce-pantry/](http://www.ceumc.org/judys-produce-pantry/)

#### Eligibility:

**Notes:** Through Cape Elizabeth United Methodist Church. The produce pantry is a collaboration of several Cape farmers, gardeners, and a local church who all wish to share the bounty of fresh, local produce grown here in Cape Elizabeth. Named in memory of Judy Simonds, the produce comes from the Plant-a-Row plots at Cape's two Community Gardens as well as from several local farmers and individual gardeners. Produce available will vary each week depending on what's being harvested from the participating Cape farms and gardens. They have recently expanded to offer non-perishables as well.

We have changed our operations at Judy's Pantry and we are now open on the 2nd and 4th Tuesdays of each month from 3-5PM. Please note that to ensure client safety we will limit the numbers inside of the church at any one time. All produce will be pre-bagged.

For eligibility, you need to be a Cape Elizabeth resident and also need to sign a short form. We are here to help and if you have any questions, please contact [bethowens1@gmail.com](mailto:bethowens1@gmail.com)

## Provider List - Food Pantries - Cumberland County

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### Michael Klahr Jewish Family Services, NP

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**Contact:**

**Last Updated:** 07/25/2022 4:15:53PM

**Last Reviewed:** 02/09/2022

**Phones:** (207) 772-1959 [Business]\*,  
(207) 772-2234 [Fax]

**Address:** [Business]\*  
1342 Congress St.  
Portland, ME 04103 (Cumberland county)

**Web Site:** [www.mainejewish.org/](http://www.mainejewish.org/)

**Eligibility:**

**Notes:** Michael Klahr Jewish Family Services provides services for all ages and most programs are open to members of the entire community. KJFS proudly represents the Jewish Community and strives to address those in need throughout Southern Maine. Programs include the Diaper Bank, Resource Center, and new Essentials Pantry (coming in 2022). All services are free, Diapers distributed bi-monthly. Eligibility for Kosher Meals on Wheels: 60+ years or disabled, maintain a kosher diet and be a resident of a town served.

### New Gloucester Congregational Church Food Pantry

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**Contact:**

**Last Updated:** 07/13/2022 12:28:48PM

**Last Reviewed:** 07/13/2022

**Phones:** (207) 926-3260 [Business]\*

**Address:** [Business]\*  
19 Gloucester Hill Road  
New Gloucester, ME 04260 (Cumberland county)

**Web Site:** [www.ngucc.org/](http://www.ngucc.org/)

**Eligibility:**

**Notes:** For New Gloucester Residents in need of food assistance, the Food Pantry is open on the 2nd and 4th Saturday of each month from 8:00am-9:30am.

We have a simple sign-in process and everyone receives a box of pantry staples and choices of fresh fruit, vegetables, milk and bakery items. We also have a book shelf with free books for all ages.

The pantry is located at the back of the First Congregational-Christian Church (19 Gloucester Hill Rd.)

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### Peaks Island Community - Food Pantry

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**Contact:**

**Last Updated:** 07/13/2022 12:35:50PM

**Last Reviewed:** 07/13/2022

**Phones:** (207) 766-2735 [Other]\*,  
(207) 766-5013 [Business]

**Address:** [Business]\*  
3 Church Avenue  
Peaks Island, ME 04108 (Cumberland county)

**Web Site:** <http://www.peaksislandfoodpantry.org/>

#### Eligibility:

**Notes:** The Peaks Island Community Food Pantry is open to all and has a long history that goes back over 25 years.  
We are open year round on Mondays from 3:30-5 with a small volunteer staff who are sensitive to client privacy.  
Clients who use the food pantry can select one grocery bag full of food each week from the items we have on our shelves.  
The food pantry is at the Brackett Memorial Church, 3 Church Ave, Peaks Island, ME 04108

### Portland Westbrook Vineyard Food Pantry

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**Contact:**

**Last Updated:** 07/13/2022 12:41:55PM

**Last Reviewed:** 07/13/2022

**Phones:** (207) 854-8339 [Business]\*

**Address:** [Business]\*  
715 Bridgton Road  
Westbrook, ME 04092 (Cumberland county)

**Web Site:** [www.vineyardportland.org](http://www.vineyardportland.org)

#### Eligibility:

**Notes:** Vineyard Church of Greater Portland hosts the Portland Westbrook Vineyard Food Pantry.  
Hours: Friday 5:45pm  
Service area: Westbrook and Portland west of Riverside Street

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### Preble Street Meals & Food Pantry

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**Contact:**

**Last Updated:** 07/13/2022 12:46:21PM

**Last Reviewed:** 07/13/2022

**Phones:** (207) 874-6557 [Business],  
(207) 775-0026 [Business]\*

**Address:** [Business]\*  
252 Oxford Street  
Portland, ME 04101 (Cumberland county)

**Web Site:** [www.preblestreet.org](http://www.preblestreet.org)

**Eligibility:**

**Notes:** Free meals available 3 times a day 365 days a year. Meals served: Mon through Sun 8 to 9 am, 12 to 1pm (week ys) and 11:30am - 1pm (weekends) and 6pm-7pm. Visit Resource Center at 252 Oxford Street, Portland or Teen Center at 343 Cumberland Avenue, Portland for immediate access.

Preble Street Pantry services will switch to a new mobile model; boxes of food will be delivered to key drop-off points, including hotels and housing communities, in and around Portland. We are excited to expand our anti-hun efforts and broaden our community impact through this new model. Mobile pantry services will offer nutritious, culturally appropriate items specifically requested by residents, as well as some a la carte bulk staples, such as mi . This mobile approach will allow us to meet people where they are in a way that hasn't been possible with a fixe location. However, in addition to the mobile food pantry, we are continuing to explore opportunities to provide a brick-and-mortar pantry space.

Service area: Greater Portland/all welcome

### Project Feed

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**Contact:**

**Last Updated:** 07/19/2022 8:31:12AM

**Last Reviewed:** 07/19/2022

**Phones:** (207) 761-3920 [Business]\*

**Address:** [Business]  
Woodfords Congregational Church  
202 Woodford Street  
Portland, ME 04103 (Cumberland county)

**Web Site:** <http://www.projectfeed.org/>

**Eligibility:**

**Notes:** Project FEED provides food and household supplies to take home for individuals and families in crisis. We offer supplies for seven days per person in the household to those in need. Currently we are not limiting people from a geographical area. Families will be helped no more than once a week.

We are open at Woodfords Church on Tues., Wed. and Thurs. (1 - 3, arrival by 2:45) for those who need food. No referrals are required. Everyone is required to wear a mask.

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### Raymond - Food Pantry

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**Contact:**

**Phones:** (207) 655-4334 [Business]\*

**Last Updated:** 06/29/2022 8:50:39AM

**Last Reviewed:** 06/29/2022

**Address:** [Business]\*  
Lake Region Baptist Church  
1273 Roosevelt Trail  
Raymond, ME 04071 (Cumberland county)

**Web Site:** <http://www.raymondmaine.org/community-resources/food-pantry>

**Eligibility:**

**Notes:** Hours: 2nd & 4th Thursday of the month from 4 - 6pm. If urgent needs arise between scheduled Pantry hours, please feel free to call for assistance at 655-4334.  
Service area: Raymond

### Sacred Heart/St. Dominic's Food Pantry

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**Contact:**

**Phones:** (207) 773-7746 [Business]\*

**Last Updated:** 07/17/2023 2:10:54PM

**Last Reviewed:** 07/19/2022

**Address:** [Business]\*  
80 Sherman Street  
Portland, ME 04101 (Cumberland county)

**Web Site:** <http://www.portlandcatholic.org/sh-sd-food-pantry>

**Eligibility:**

**Notes:** Sacred Heart/St. Dominic's Catholic Church has a food pantry for residents of the Parkside neighborhood. Each Tuesday from 7:00-11:30am  
Service area: Parkside neighborhood in Portland

### Sagamore Food Pantry

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**Contact:**

**Phones:** (207) 347-6125 [Business]\*

**Last Updated:** 07/19/2022 8:36:04AM

**Last Reviewed:** 07/19/2022

**Address:** [Business]\*  
21 Popham Street  
Portland, ME 04102 (Cumberland county)

**Web Site:** <https://www.waysidemaine.org/community-resources>

**Eligibility:**

**Notes:** Sagamore Food Pantry is open to everyone. They offer fresh fruits and vegetables, breads and pastries. They do not have staples. There is also a small clothes closet on site.  
Hours: Tuesday 9:00 - 10am  
Service area: Open to everyone  
Required document: Photo ID and ID for children

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### Salvation Army - Portland

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**Contact:** Business  
**Last Updated:** 10/26/2023 1:31:13PM  
**Last Reviewed:** 10/26/2023

**Phones:** (207) 774-4172 [Business]\*

**Address:** [Business]\*  
297 Cumberland Avenue  
Portland, ME 04101 (Cumberland county)

**Web Site:** <http://www.Portland.SalvationArmyMaine.org>

#### Eligibility:

**Notes:** The Salvation Army of Northern New England divisional headquarters are located in Portland. The Salvation Army provides a number of services, including Direct Assistance, Lighthouse Adolescent Shelter, a Senior Center, Life Skills educational classes, including Tools for Life, a Women's Center of Hope, an Adult Rehabilitation Center, Disaster Services, and Christmas and Holiday Programs. Tools for Life are FREE workshops on topics such as Mon Matters - tips for budgeting, balancing your bank account, saving resources - FMI about this program contact 774 172 x 262

The Salvation Army Senior Center (55 yrs +) offers programs, trips and entertainment on Wednesdays and Thursdays from 9:00am to 3:00pm. Costs only \$12/year-which is the best deal in Portland! Please contact Janet Lavenbein, Program Coordinator, at 774-4172 x255 for more information.

There is also a Wayside/Salvation Army meal on site on Tuesday evenings at 5:00 PM and a Thursday lunch at 12 0PM.

Food pantry hours are Mon, Wed. & Thurs. 1:00pm - 2:30pm; serves Greater Portland. Required document: Phot ID and ID for children. \*\*This pantry is open by appointment only. Guests need to call ahead of time.\*\*

Applications for food baskets for Thanksgiving or Christmas will be taken October 5th - 11th. Please call 774-4172 FMI

### Scarborough Food Pantry

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**Contact:**  
**Last Updated:** 06/29/2022 8:57:28AM  
**Last Reviewed:** 06/29/2022

**Phones:** (207) 883-1672 [Business]\*

**Address:** [Business]  
167 Black Point Rd  
Scarborough, ME 04074 (Cumberland county)

**Web Site:** <http://www.fccscarborough.com/>

#### Eligibility:

**Notes:** We Are Open: Tuesday and Thursday Afternoons, 1:30-4:00 every week. The First Congregational Church of Scarborough (in the parish hall, behind the church) offers a food pantry where people can get nonperishable food items on a once a month basis.

Resident of Scarborough or neighboring community- Open to all who meet income guidelines or who are in need assistance. Please stop by; there is a simple registration form to complete the first time you visit

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### Sebago Food Pantry

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**Contact:**

**Phones:** (207) 787-5105 [Business]\*

**Last Updated:** 07/25/2022 4:09:33PM

**Last Reviewed:** 07/08/2022

**Address:** [Business]\*  
183 Sebago Road  
Sebago, ME 04029 (Cumberland county)

**Web Site:** [www.townofsebago.org/general-assistance](http://www.townofsebago.org/general-assistance)

#### Eligibility:

**Notes:** The Sebago Food Pantry and Clothes Closet, also known as the Warming Hut, is a community effort of the town, Sebago area churches, and several civic groups to offer a wide range of support to Sebago's seniors, those with special needs, and anyone in the area who is feeling the pinch of these tough economic times.

1st, 3rd and 5th Mondays are our "Hannaford Mini Pantries" The pantry will open after set up -9am to 10:30 am  
2nd Monday is our Special Pantry- Open 9:30am. to 11:00 am.  
4th Monday is a Full Pantry. The pantry will open after set up and deliveries 9am-11:00 am and 3:30 pm to 5:30 pm.  
The Clothes Closet is open every Saturday from 9am -12 noon.

Services are for Sebago Residents. Please call for details.

Snow postponements and delays - Check our Facebook "Sebago Food Pantry". We will attempt next day service for major storms and same day service for minor storms.

### South Portland Food Cupboard -

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**Contact:**

**Phones:** (207) 874-0379 [Business]\*

**Last Updated:** 07/08/2022 1:38:27PM

**Last Reviewed:** 07/08/2022

**Address:** [Business]\*  
130 Thadeus Street  
South Portland, ME 04106 (Cumberland county)

**Web Site:** <http://southportlandfoodcupboard.org/>

#### Eligibility:

**Notes:** Thursday 8:30 am – 11:00 am, may come once a month for a weeks worth of groceries, includes perishables and non-perishables  
Tuesdays 10:30 am – Noon, may come every week for perishables (bread, vegetables, etc)  
First Wednesday of the month from 5-6:30, for those who are working and can't participate during the day

\*\*\*For South Portland Residents ONLY who are without transportation – We are able to provide a complimentary ride home. You may have up to 4 rides/month. These rides are limited to Tuesday and Thursday Food Distribution times. Rides are direct from the South Portland Food Cupboard (130 Thadeus Street) to said Recipient's home address. There are no other stops permitted. Recipients are asked to call the SPFC (207.874.0379) and register for these rides in advance.

## Provider List - Food Pantries - Cumberland County

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### St. Joseph's Church Food Pantry

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**Contact:**

**Phones:** (207) 647-2334 [Main]

**Last Updated:** 07/19/2022 8:49:04AM

**Last Reviewed:** 07/19/2022

**Address:** [Business]\*  
225 South High Street  
Bridgton, ME 04009 (Cumberland county),  
[Mailing]  
PO Box 310  
Bridgton, ME 04009 (Cumberland county)

**Web Site:**

**Eligibility:**

**Notes:** Hours: 4th Tue 10 am - 12pm  
Fees: None  
Eligibility: Persons who meet Federal Poverty Guidelines  
Area Served: Bridgton, Naples

### St. Luke's Food & Essentials Pantry

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**Contact:**

**Phones:** (207) 772-5434 [Business]\*

**Last Updated:** 07/19/2022 8:48:44AM

**Last Reviewed:** 07/19/2022

**Address:** [Business]\*  
143 State Street  
Portland, ME 04101 (Cumberland county)

**Web Site:** [www.cathedralofstluke.org/faith-in-action/#foodpantry](http://www.cathedralofstluke.org/faith-in-action/#foodpantry)

**Eligibility:**

**Notes:** The St. Luke Food Pantry is a low-barrier food pantry that provides fresh, frozen, and shelf-stable food to its neighbors every Thursday morning from 9 to 11 am. The Food Pantry is located at 134 Park Street at the rear entrance to the Cathedral. Neighbors may collect food every week and take as much food as they need, as long as the supply lasts.

The Food Pantry offers dry and canned goods and St. Elizabeth's Essentials Pantry (at the same location) has no food items includes diapers, detergent, paper towels, cleaning supplies, toiletries, and clothing.  
Service area: Food Pantry is intended for Portland residents and Essentials Pantry is open to all



## Provider List - Food Pantries - Cumberland County

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### Standish Food Pantry

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**Contact:**

**Phones:** (207) 358-0359 [Business]\*

**Last Updated:** 07/08/2022 1:44:29PM

**Last Reviewed:** 07/08/2022

**Address:** [Business]\*  
410 Northeast Rd  
Standish, ME 04084 (Cumberland county)

**Web Site:** <http://www.standishfoodpantry.org/>

#### Eligibility:

**Notes:** Standish Food Pantry distributes food out of our permanent home: 410 Northeast Rd, Standish, Maine (formerly t Sebago Congregational Church). We returned to a shopping model where patrons are allowed inside to select what items they want. Masks (covering nose and mouth) must be worn by all who enter the Pantry.

There is a limit on the number of people who may enter the building at the same time; we serve everyone, no residency or income restrictions and no ID or other documentation required. Registration will be done on-site as you enter the Pantry. Those picking up food for households other than your own should be prepared to provide names and ages for those in the household for which food is being picked up.

Pantry hours: Mondays 9:30 am-10:30 am, Wednesdays 4:00 pm-6:30 pm. STANDISH AND THE SURROUNDING AREA

### The Root Cellar, Inc.

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**Contact:**

**Phones:** (207) 774-3197 [Business]\*

**Last Updated:** 07/19/2022 8:51:27AM

**Last Reviewed:** 07/19/2022

**Address:** [Business]\*  
94 Washington Avenue  
Portland, ME 04101 (Cumberland county)

**Web Site:** [www.therootcellar.org](http://www.therootcellar.org)

#### Eligibility:

**Notes:** The Root Cellar has a variety of programs and services available through student and adult ministries. Program times can vary, so please call for details. The Free Medical Clinic is available to anyone without health insurance or with a deductible of \$2,000 or more, regardless of residence. The full service dental clinic provides cleanings, filling, extractions, x-rays, root canals and more - please call for an appointment. Adult programs include ladies' breakfast, food pantry distribution of fruits, vegetables, meat, bread, and more, and clothing distribution.

Adult programs - with the exception of the medical clinic - are only available to those living in our designated service area. Please call or visit the office to verify eligibility and FMI about programs and how to access services. There is no charge for most services.

Monday thru Friday from 9am - 5pm.

## Provider List - Food Pantries - Cumberland County

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### Town of Cumberland

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**Contact:**

**Last Updated:** 09/06/2023 9:13:36AM

**Last Reviewed:** 09/06/2023

**Address:** [Business]\*  
290 Tuttle Road  
Cumberland, ME 04021 (Cumberland county)

**Phones:** (207) 829-5559 [Business]\*,  
(207) 829-2200 x 322 [Business],  
(207) 829-5421 [Alternate]

**Web Site:** <http://www.cumberlandmaine.com>

**Eligibility:**

## Provider List - Food Pantries - Cumberland County

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### Town of Cumberland

**Notes:** A General Assistance (GA) program is administered by each town/city in order to help families and/or individuals who do not have sufficient funds for their basic necessities such as rent, food, fuel and other items that are essential to maintain a household. eligibility: for GA meet state eligibility guidelines; however, all residents in need of assistance should call to explore emergency assistance that might be available. Please call 829-5559 for an appointment.

Friendly Caller Program- This program is a calling only program to provide homebound elders and individuals with disabilities with companionship by regularly calling on the phone in an effort to decrease feelings of isolation and loneliness. Trained volunteers will be matched with an older resident for 1-2 phone calls per week. For more information, please contact Sarah Davis, Aging in Place Coordinator, at 829-2208.

Handy Helpers- Aging in Place volunteers will do minor chores and other simple handyman assignments that don't require licenses (e.g. plumbing, electrical work). All projects are subject to the availability of AIP volunteers. To hire a local handyman firm, please check our vendors' online at <https://www.cumberlandmaine.com/aging-place/page/vendor-list>.

The Cumberland Fire Department offers many services for Town of Cumberland seniors:

- Durable Medical Program - will loan residents a walker, shower seat, commode, or other medical equipment for Cumberland and North Yarmouth residents
- Call-in program. Check-in each morning. They will check on you if there is no call.
- Car Seat Help for Grandparents - get help installing grandchildren's car seats.

Call 829-5421 or e-mail [eberner@cumberlandmaine.com](mailto:eberner@cumberlandmaine.com) to find out more or sign up for these programs.

Yellow Dot is a free program designed to help first responders provide life-saving medical attention during that first "golden hour" after a crash or other emergency. A Yellow Dot in the driver's-side rear window of your vehicle will alert first responders that vital medical information is stored in the glove compartment. The Police Department is enrolling people during day-time administration hours: Monday-Thursday 7:30-5:00 and Friday 8:00-12:00  
Phone: 829-6391

Contact Person Program (For Residents with Disabilities or Cognitive Impairment) The state of Maine has launched a new program aimed at helping Mainers with disabilities stay safe. When a person with disabilities or cognitive impairment encounters a law enforcement officer, they can have a difficult time communicating pertinent information. This barrier can create a significant challenge for officers trying to help the individual. The Contact Person Program will change that. The confidential database would provide law enforcement officers with contact information voluntarily provided by an individual or a legal guardian who signs up for the program.

The Community Food Pantry services Cumberland, North Yarmouth, Pownal, and New Gloucester residents and is located behind Cumberland Town Hall. The Food Pantry is open to customers every other Friday from 3-6 pm.

Cumberland Woodbank - call 207-747-2868, <https://www.woodbank.org/> or email us at [cumberlandwoodbank@caill.com](mailto:cumberlandwoodbank@caill.com) for more information.

## Provider List - Food Pantries - Cumberland County

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### Town of Windham

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**Contact:**

**Last Updated:** 09/06/2023 9:33:16AM

**Last Reviewed:** 09/06/2023

**Phones:** (207) 892-1900 [Business]\*,  
(207) 892-1906 [Business],  
(207) 892-1931 [Business],  
(207) 892-1907 [Business]

**Address:** [Business]  
377 Gray Rd  
Windham, ME 04062 (Cumberland county),  
[Business]\*  
8 School Road  
Windham, ME 04062 (Cumberland county)

**Web Site:** [www.windhammaine.us/](http://www.windhammaine.us/)

### Eligibility:

**Notes:**

General Assistance is a state mandated program to provide eligible residents with assistance for basic needs such as rent, food, non-food, medication, fuel, utilities, and other essential services. All assistance is granted in voucher form and no cash assistance is granted. Please call for an appointment GA phone number is 892-1906. If no one is available please leave a message and someone will return your call.

Emergency fuel assistance and other types of one-time emergency assistance may be available through the Windham Neighbors Helping Neighbors program. phone number is 892-8941.

The Windham Food Pantry is open to Windham residents with proof of residency. Residents are provided with food on a monthly basis. Please call to schedule an appointment to visit the Food Pantry at 377 Gray Rd, 892-1931.

Clothes Closet is open to residents & non-residents in need of clothes. Please contact 892-1906 to schedule an appointment to visit the Clothes Closet.

Call local Police Department for information on the Yellow Dot Program. It is a free program designed to help first responders provide life-saving medical attention during that first "golden hour" after a crash or other emergency. Yellow Dot in the driver's-side rear window of your vehicle will alert first responders that vital medical information stored in the glove compartment.

Windham Health Council Medical Equipment Loan Closet- wheelchairs, transport chairs, commodes, walkers, shower seats and benches, aluminum folding walkers, canes, knee scooters, sometimes Depends. Don't do Hoyer or hospital beds. Open to everyone in Maine, therapists and consumers both. Open by appointment only - loan closet phone number is 207-894-5900 Ext.1111

## Provider List - Food Pantries - Cumberland County

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### Vineyard Church of Greater Portland Food Pantry

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**Contact:**

**Last Updated:** 08/01/2023 9:50:08AM

**Last Reviewed:**

**Phones:** (207) 829-4653 [Fax],  
(207) 650-0495 [Emergency],  
(207) 854-8339 [Main]\*

**Address:** [Business]\*  
715 Bridgton Road  
Westbrook, ME 04092 (Cumberland county)

**Web Site:** [www.vineyardportland.org](http://www.vineyardportland.org)

**Eligibility:**

**Notes:**

Hours: Fri 6-730p  
Fees: No Cost  
Eligibility: Persons who meet USDA Income Eligibility Guidelines.  
Area Served: North Portland, Westbrook, Windham  
Intake procedure: Complete income self declaration form.  
Notes: Food pantry.

## Provider List - Food Pantries - Cumberland County

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### Wayside Commodity Supplemental Food Program(CSFP)

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**Contact:**

**Phones:** (207) 775-4939 [Business]

**Last Updated:** 07/05/2023 2:27:26PM

**Last Reviewed:** 07/19/2022

## Provider List - Food Pantries - Cumberland County

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### Wayside Commodity Supplemental Food Program(CSFP)

**Address:** [Business]  
Bridgton Food Pantry  
214 Main St.  
Bridgton, ME 04009 (Cumberland county),  
[Business]  
River Valley Healthy Communities Coalition  
49 Congress St.  
Rumford, ME 04276 (Oxford county),  
[Business]  
CrossWalk Community Outreach  
15 Village Green Ln  
Naples, ME 04055 (Cumberland county),  
[Business]  
Moss Brook Church Admin Building  
496 High St.  
South Paris, ME 04281 (Oxford county),  
[Business]  
Catherine's Cupboard  
175 Northeast Rd.  
Standish, ME 04084 (Cumberland county),  
[Business]  
Eliot Methodist Church  
238 Harold L. Dow Hwy <Rte 236>  
Eliot, ME 03903 (York county),  
[Business]  
SMAA Nutrition Site  
26 Amherst St.  
Sanford, ME 04073 (York county),  
[Business]  
1st Nazarene Church  
16 Church St.  
Bethel, ME 04217 (Oxford county),  
[Business]  
United Baptist Church  
318 Main St.  
Saco, ME 04072 (York county),  
[Business]  
New Life Church  
551 Alfred St.  
Biddeford, ME 04005 (York county),  
[Business]  
St. David's Episcopal Church  
138 York St.  
Kennebunk, ME 04043 (York county),  
[Business]  
Community Food Pantry  
290 Tuttle Rd.  
Cumberland Center, ME 04021 (Cumberland  
county),

**Web Site:** [www.waysidemaine.org/senior-food-boxes-csfp](http://www.waysidemaine.org/senior-food-boxes-csfp)

## Provider List - Food Pantries - Cumberland County

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### Wayside Commodity Supplemental Food Program(CSFP)

[Business]  
Casco Village Food Pantry  
941 Meadow Rd.  
Casco, ME 04015 (Cumberland county),  
[Business]  
Riverside United Methodist Church  
5 School St, Food Pantry  
Porter, ME 04068 (Oxford county)

#### Eligibility:

#### Notes:

COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

The Commodity Supplemental Food Program (CSFP) is a senior food assistance program. Each month, Wayside collaborates with food pantries, community groups, places of worship and local housing authorities to provide eligible aging adults with a free 30-pound box of food.

To qualify a community member must:

.Income per month under \$1,287/1 or \$1,736/2

- Be a resident of Cumberland, Oxford or York County (if you live in a different County and need assistance, please let us know! We'll put you in touch with the program manager in your County.)
- Be 60 years of age or older
- Meet income eligibility requirements (please refer to the table on the application for specifics)

Eligible for CSFP? For more information, please contact Rachel Freedman at Wayside Food Programs - (207) 775-939 or visit the website for an application.

Service area: York and Cumberland and Oxford Counties; food pick-up sites are Alfred, Bethel, Biddeford, Bridgton, Eliot, Kennebunk, Porter, Portland, Rumford, Saco, Sanford, and South Paris

### Westbrook Community Food & Resource Center

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#### Contact:

**Phones:** (207) 591-8147 [Business]\*

**Last Updated:** 07/19/2022 9:21:25AM

**Last Reviewed:** 07/19/2022

#### Address:

[Business]\*  
Westbrook Community Center  
426 Bridge Street  
Westbrook, ME 04092 (Cumberland county)

**Web Site:** <http://westbrookfoodpantry.org/>

#### Eligibility:

#### Notes:

The Westbrook Community Food & Resource Center is located at the Westbrook Community Center. It provides supplemental food to Westbrook residents.

Thanksgiving Food baskets available for those who are regular users of the food pantry. Please call FMI.

Food Pantry open 11-1pm every Tuesday; Curbside pickup only, call 207-591-8147

If you are going to the Food & Resource Center for the first time, please bring proof of residency, such as a utility bill or a rental bill.

Stop by during hours of operation or call for more information.



## Provider List - Food Pantries - Cumberland County

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### Yarmouth Community Food Pantry

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**Contact:**

**Phones:** (207) 844-3320 [Business]\*

**Last Updated:** 01/30/2024 1:14:14PM

**Last Reviewed:** 10/26/2023

**Address:** [Business]\*

**Web Site:** [www.yarmouthfoodpantry.org](http://www.yarmouthfoodpantry.org)

First Parish Congregational Church

116 Main Street

Yarmouth, ME 04096 (Cumberland county)

**Eligibility:**

**Notes:**

Hours: Tuesday and Friday from 10am - 12 noon

Service area: Yarmouth, North Yarmouth, Freeport, Pownal and Cumberland.

The Yarmouth Community Food Pantry is housed on the basement level of First Parish Congregational Church, please call or visit the pantry when is it open for more information. There is a form to fill out and minimal documentation required and the pantry may be utilized once weekly. Patrons in need of other assistance such as Holiday baskets please call. Will learn of opportunities when they visit the pantry.